



Tuesday 5th October

Dear parents/carers,

It goes without saying that the last couple of years have been very challenging for our children. Their mental health and emotional wellbeing has never been more important and for this reason, we will be marking World Mental Health day by taking part in the 'Hello Yellow' campaign for the mental health charity, Young Minds.

This Friday, 8th October, Perry Hall Primary School will be helping to **raise positive awareness around mental health by supporting the amazing work of Young Minds** by taking part in **#HelloYellow** and raising vital funds to support their amazing work. We will do this by simply **wearing something yellow to school on this day** for a **donation of £1**. This can be a yellow hair band, hair bobble, badge, socks, t-shirt, jumper etc. You can even come in fancy dress and dress as a minion or a banana if you wish! Donations will be collected in boxes on entry into school on Friday. There will be collection boxes available outside the Two's provision, Nursery and Reception entrance and at the main gates.

The colour yellow is meant to represent happiness and positivity. **We aim to highlight the importance of acknowledging mental health and not hiding away from it**, so young people do not feel like they are in it on their own.

To find out more information on the incredible work that Young Minds do, please click on the link below: <https://www.youngminds.org.uk/>

We look forward to seeing your child wearing yellow on this day. Don't forget your £1 donation.

Yours sincerely

Mrs C Gibbins

Head of School