



5<sup>th</sup> October 2020

Re: National School Breakfast Programme



Delivering the National School Breakfast Programme


Once again, we have joined the government's National School Breakfast Programme (NSBP), which is being delivered by the charities Family Action and Magic Breakfast.

As a NSBP School, we are pleased to offer free bagels for children who wish to have them during the course of a morning and enjoy the benefits that it brings, with children settled and ready to learn.

Each year group will be assigned a different day:

Monday	Tuesday	Wednesday	Thursday
Reception Year 1	Year 2 Year 3	Year 4 Year 5	Year 6

Please read the below list of ingredients, allergens and advisory information relating to the bagels.

Bagel Nash® Magic Bagels (Frozen)		 bagel nash	
<b>Ingredients</b>	Wheat Flour, Water, Wholemeal flour, Salt, Sugar, Yeast, Malt, Vitamin D supplement.		
<b>Allergens</b>	Wheat flour (gluten), Wholemeal flour (gluten).		
<b>Advisory note</b>	May also contain milk, sesame and egg (Made in a factory which uses milk products, sesame and egg). Contains yeast.		
Nutritional Information			
Typical values	Per 100g	Per 115g bagel (1 serving)	% of Reference Intake (RI) per serving
Energy	1142 kJ	1313 kJ	14%
	240 kcal	276 kcal	14%
Fat of which saturates	3.5g	4.0g	6%
	1.4g	1.6g	8%
Carbohydrates of which sugars	51.6g	59.3g	-
	9.6g	11.0g	12%
Fibre	4.1g	4.7g	-
Protein	10.1g	11.6g	-
Salt	1.0g	1.2g	20%

If you do not give permission for your child to have a bagel then please inform school through the use of your year group email address by Friday 9<sup>th</sup> October.

Bagels will begin from week beginning 12<sup>th</sup> October.

Thank you for your continued support,

Miss R Kohli

Executive Headteacher