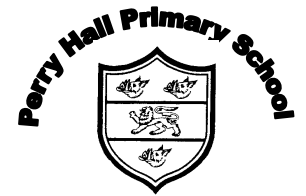


Perry Hall News!

Year 5

Friday 10th July



A Place to Grow



Welcome to our seventh year group newsletter.

Can you believe there is only one week left of this academic year! I know you are all eager to know more about next year and your child's new class. Between now and next Wednesday, you will be receiving your child's end of school report (via email), information about September and a link to a transition presentation from your child's new year group. Also, in response to the many parents who have contacted school about end of year gifts for school staff, we are all really touched by the number of enquires, however, due to the current circumstances we are unable to receive any gifts. Thank you for your continued support, take care. Miss Kohli.

Perry Hall's Stay at Home Sports Day

Usually, at this time of year, your child would be getting outside to have some fun competing and taking part in various sporting activities during our annual sports day events. So....get your egg and spoons at the ready and go for gold during Perry Hall's Stay at Home Sports Day!



Take part in all the activities suggested in this newsletter in your gardens, living room, bedrooms or even your kitchens if you wish. Enjoy and have fun with your families. Please remember to take some photos and email to us for us to see and, with your permission, upload to our website.

Click the image to download a certificate which you can complete for your child.



Twinkl Sports Day at Home

Event: Object Balancing Race

Move as quickly as possible while balancing an object on your head.

Equipment

A homemade beanbag. We recommend folding a tea towel and holding it together with an elastic band.



What to do

1. Practise balancing the object on your head while standing still.
2. Practise moving around the space with the object on your head. How fast can you go? Remember - the idea is to go as quickly as you can without the object falling off!
3. Measure out 10m and practise racing against family members.

Don't worry if you have to change direction to move 10m or go there and back in your garden or living room!

- 1 Keep your head upright and as still as possible.
- 2 Hold your arms out to the side if it helps you to keep balance.
- 3 Try to take smooth steps, moving your upper body as little as possible.



Sports Day- Activity 1

It's a balancing act!


Can you race your family members by balancing an item on your head?

Good luck.

Olivia L has been challenging her teachers with her 'Questions of Sport'.

Great questions Olivia, you stumped me on some of them.

LIV'S HOMEMADE SPORTS QUIZ!

1. Who is the current reigning champion of Wimbledon?
2. How old was Marcus Rashford when he signed for Man Utd?
3. 
4. Who is the top Olympic gold medalist in swimming?
5. What team won the premier league 2020?
6. What year did England win the world cup?
7. How many grand prix has Lewis Hamilton won?
8. In net ball what does WA stand for?
9. In golf which club can also be referred to as Texas Wedge?
10. How many balls are there on snooker table the start of each frame?
11. Where is the 2023 rugby world cup being held at?

Sports Day – Activity 3 Wastepaper Basketball



How far can you shoot a basket from into a bin? Challenge someone to beat your distance and find new ways to throw it in!

This is what it will look like when we next win the World Cup!

Emily B has been busy designing and building a new version of the World Cup trophy...

It will be called the 'Emily Rimet'!

Great stuff Emily.



Message from your Year Group Staff

Hello Year 5! We hope you are all well and keeping safe. It was lovely to see some of you, who were in school this week, we can't believe how much you've all grown and changed these past few months. We would just like to say a big thank you to all of you who have emailed us and kept us inundated with your fantastic projects and the school work that has been set for you during these past months. Unfortunately, this is our last newsletter and we would all like to say how much we've enjoyed getting to know you and teaching you this year. We will miss you all and look forward to seeing you in September. Have a great holiday and take care! Year 5 Staff. x

Twinkl Sports Day at Home

Event: Standing Long Jump

A two-footed, horizontal jump from a standing position.
Equipment
Something that can be used to make a take-off line, such as a skipping rope; a marker to mark how far you jump; a way of measuring your jump.

What to do

1. Set up a take-off line using a stretched out skipping rope or something similar.
2. Stand with the toes of both feet as close as possible to the line without touching it.
3. Using the technique shown opposite, make a two-footed take-off and jump as far as possible.
4. In line with the heel closest to the take-off point, place a marker where you land and measure the distance between the take-off line and the marker.
5. Jump three times, trying to jump as far as possible each time.
6. You will receive points for using the right technique.
7. Measure the distance for each jump.

- 1 Bend your ankles, knees and hips ready for take-off.
- 2 Swing your arms behind your body.
- 3 Straighten your legs to take off, with both feet leaving the ground together.
- 4 Swing your arms forward and up.
- 5 Land on both feet at the same time.
- 6 Bend your ankles, knees and hips to absorb the impact on landing.
- 7 If you need to, keep your arms out in front or to the side to remain in balance.



Sports Day – Activity 4

Jump right in!

Who can jump the farthest in your family? Have a go at the Standing Long Jump event and find out.

Sports Day– Activity 2

Click on the image for a bigger version...

Spell your name PE!

- A- 5 Jumping Jacks
- B- 5 Jumping Jacks
- C- 10 jumps
- D- hop on your right foot
- E- hop on your left foot
- F- crab walk for 10 seconds
- G- do 5 sit ups
- H- 10 mountain climbers
- I- 5 push ups
- J- 30 second high knees
- K- kick your left foot as high as you can
- L- kick your right foot as high as you can
- M- 5 jumping jacks
- N- 10 jumps
- O- hop on your right foot
- P- hop on your left foot
- Q- do 5 sit ups
- R- do 10 mountain climbers
- S- crab walk for 10 seconds
- T- 5 push ups
- U- kick your right foot as high as you can
- V- kick your left foot as high as you can
- W- Run in place for 30 seconds
- X- run with high knees
- Y- 5 push ups
- Z- 5 sit ups

TT ROCK STARS

Well it's official... the girls have it!

It was a close match, but the girls took the lead and won by 310 points.

Well done girls!

Year 5 Boys

15,403 15,713

 Year 5 Girls

Next battle Y5 vs Y6!

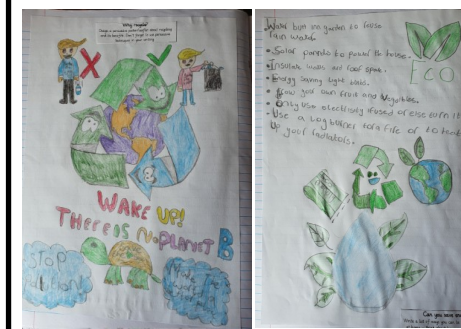
Bryn K has been getting out and about doing some 'Geocaching'. Geocaching is an outdoor recreational activity, in which participants use a Global Positioning System receiver or mobile device and other navigational techniques to hide and seek containers.



Kai A has been looking at our planet and its limited resources, and considering what we can do to help it be around for generations to come.

You're right Kai, there is no 'Planet B'!


Well done.



Science - Update from Mrs Holdcroft


Thank you again to everyone who sent in their findings from our last newsletter's enquiry question. This week we have another challenge for you; we'd like you take part in one of the University of Wolverhampton's STEM team's online lessons and show us what you've learnt! <https://www.youtube.com/channel/UCm6KgKJcT9ksy2I3h4yEcDQ>

You can show us this by making a poster, a model or diagram and sending your pictures of them in.




THE STEM RESPONSE TEAM

July Schedule




MICRO MONDAYS

- 06 July: Food Microbiology
- 13 July: Women in Microbiology
- 25 July: Microbiology's Horrible History
- 27 July: Nosocomial Nuisances




FORENSIC FRIDAYS

- 03 July: Facial Reconstruction
- 10 July: Toxicology
- 17 July: Wildlife Crime
- 24 July: Blood Spatter Analysis
- 31 July: Post Mortem Interval



WILD WEDNESDAYS

- 01 July: Plastic Free July
- 08 July: Rainforests
- 15 July: Great Galapagos
- 22 July: Sensational Snakes
- 29 July: Zoo Conservation



@STEMResponseWLV
We'll also be running "AMA"s where you can chat with us **LIVE** on Twitter! Join us daily 12:00 - 13:00.

STEMResponseTeam@wlv.ac.uk

Last week's STEM team video was all about fossil hunting locally at Wren's Nest and can be found here: <https://www.youtube.com/watch?v=BZ237a4vD9Q&feature=youtu.be>

If you fancy a socially distant fossil hunt, the Uni's resources can be found here <https://www.wlv.ac.uk/media/departments/faculty-of-science-and-engineering/fse-2019-images/>



Sports Day – Activity 5 Wacky Races!

Can you create your own Wacky Race?

Add obstacles, find different ways to move and compete against the clock?

Challenge someone in your home, or virtually to take part too.



E-Safety

During the school closure, we know that children have a greater exposure to the online world. It is really important that they keep themselves safe. Children and parents can take part in a range of activities at:

<https://www.thinkuknow.co.uk/>

If you have any concerns regarding your child's safety online, and you believe they are being targeted, you can report this through CEOP- the online police.

<https://www.ceop.police.uk/safety-centre/>

Purple Mash

Continue to look out for the tasks continually being assigned to your children for them to access via Purple Mash. Access to Purple Mash can be gained by visiting <https://www.purplemash.com/sch/perryhall>.

Any problems with logins or passwords then please contact us.

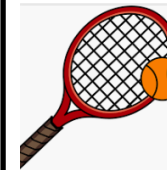


Sports Day – Activity 6

Tap Up Tennis

How many times can you tap up a tennis ball in 60 seconds?

How many times can you rally with a partner to keep the ball up in 60 seconds?



Don't forget to send in your photos and any work you want to share, check or get marked.

Make sure you email your Year group on ...

ph.y5homelearning@perryhallmat.co.uk

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