### E-Safetv

During the school closure, we know that children have a greater exposure to the online world. It is really important that they keep themselves safe. Children and parents can take part in a range of activities at:

### https://www.thinkuknow.co.uk/

If you have any concerns regarding your child's safety online, and you believe they are being targeted, you can report this through CEOP- the online police.

https://www.ceop.police.uk/safety-centre/



### Kindness Activity- #KindnessMatters

Acknowledge the people in our community who are helping us, such as our bin collectors, the post people who deliver our parcels and letters and all the other workers around us. Show kindness to them by drawing a picture to show your appreciation and displaying it on your bin on bin collection day or on your front door for when the post arrives.



### Spreading Kindness Activity- #KindnessMatters

Kindness starts with you.

Show kindness to others with a sidewalk message of kindness: write a message or draw a picture on the pavement outside you home to spread joy and kindness.



# EP IN

Don't forget to send in your photos and any work you want to share, check or get marked. Make sure you email your Year group on ...

### ph.y1homelearning@perryhallmat.co.uk

Colman Avenue, Wolverhampton, WV11 3RT. Telephone number: 01902558538

School website: www.perryhall.co.uk

Email address: perryhallprimaryschool@wolverhampton.gov.uk

Executive Headteacher: Miss R Kohli



Year 1

Wednesday 20th May



### Hope you are all safe and well!

This week's newsletter focuses on the power of kindness as part of **Mental Health** Awareness Week 2020 -#KindnessMatters. An act of kindness is something you do, towards yourself or others, which makes a positive difference. Kindness towards yourself gives you confidence and helps boost your self-esteem.

Being kind to others also increases happiness and reduces the worry and stress around you. A great example demonstrating kindness towards others would be the amazing 100year -old Captain Tom Moore who walked 100 laps in his garden to raise money for the NHS. How are you going to share your kindness? Make sure you let me know how you get on with kindness activities via your year group email! Miss you all-Miss Kohli



### Nirvair has made his own Forky



### Message from the Office Staff

Hi evervone.

Just a short message to say how much

we are missing all the children.

It is not the same without all of your

happy faces.

Take care and stay safe from,

Mrs Wootton, Mrs Cox and Mrs Hughes.

Message from the Lunchtime Supervisors Hi Children,

We hope you are all well and have enjoyed your time at home. We dinner ladies have missed you all and can't wait until we get together soon. We are looking forward to hearing your stories of what you have been doing at home. With love from, Your Dinner Ladies.

### Science- Update from Mrs Holdcroft

Thank you again to everyone who sent in their answer to our last newsletter's enquiry question. This week we have another new challenge for you! Again, this is differentiated for younger children (KS1) and older children (KS2), allowing siblings to work together on the same activity. Keep sending in your findings - we love seeing your outcomes of work!

# Question

# How does a shadow change over time?

Shadows change due to the Earth rotating on its axis. Attach a thin object to your window, eg a pen, ruler or opaque tape. Place a piece of white paper on the windowsill directly below the object. Make sure the object is in the centre of the page. A shadow should appear on your paper. Draw around the shadow and label it with the time. Check on the shadow every hour or half hour throughout the day, each time drawing and labelling the shadow.

Question	Predict	Observe	Record	Analyse	Report
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Younger Children	Older Children		
Look at the shadows that you have drawn. When was the shadow longest? When was it shortest? Create a labeled drawing showing how you set up your experiment.	Use your observations to make a sundial. What distance is there between each hour? Is each hour the same distance apart? Would the clock be correct all year around? Would your clock work if it were used in a different country eg. Australia, South Africa, Algeria?		
Challenge	About this type of Scientific Enquiry		
Can you make a shadow puppet theatre?	Observation over time enquires help us to identify and measure events and changes in the natural world as well as physical processes. This enquiry type requires using observation, reasoning and analysis skills. Jane Goodall used observation over time to research how chimpanzees behave. NASA carried out a 'Year in Space' experiment to find out the effect of gravity on humans. Since 1840 a bell has been ringing at Oxford University to test its battery duration.		

# Spreading Kindness Activity–

### #KindnessMatters

Kindness links us together.

You can create a paper chain of kindness.

Every time you or a member of your family does something kind, write it down on a strip of coloured paper and put it on your paper chain.



You might want to start the chain by showing an act of kindness towards yourself or one of your family members.

Ideas of kindness to get you started; colouring a picture for someone, making someone a cold drink, sharing a toy with your sibling nicely, clean up without being asked or simply smile at someone

Hi everyone, thank you so much for all of the pictures and emails you are sending to our year group email, it really brightens up our day seeing all the fun learning you are doing at home. We also saw a few of you with your brothers or sisters on Year 2's 'Don't worry,,
We're happy' YouTube video, it was wonderful to see your smiling faces! The hard work you are putting in on your Purple Mash activities is absolutely fantastic too and we are all very proud of you. We are still missing you all very much, keep staying safe. Year 1 staff.



just eggs on the video! One hatched yesterday and two today. They are very cute! We don't have any names for them yet. Could you help us to name them? Email in your suggestions. Mrs Heffernan x. Message from the Caretaker

Make a new friend as vecal

follow a classimate a complete

have a smart with someour

Dear children, We have been busy cleaning every nook and cranny of the school while you have been away. It is very quiet in the school without you and we miss you all. We are looking forward to you coming back to school and we hope to see you all soon. Keep safe, Mr. Evans and all the cleaners.

### Activities: Mental Health Awareness Week 18-24th May 2020. #KindnessMatters The theme for Mental Health Awareness Week 2020 is Kindness. We would like to challenge our children to create their own Kindness flower from Wednesday 20th May – Sunday 31st May, 2020. Each kind act adds a petal to your kindness flower. Brave Start with a paper plate and a stalk and then...BE KIND! Hand Washing The 'Daily Kind Acts' below offer some ideas if you are stuck! We would love to see the completed calendars, so please Baby Shark Song email them to your year group email. Social Distancing– Video clips Social Distancing Song **Daily Kind Acts** Help make dinner. Feed the birds Tell someone how much you love them. Leave a happy note somewhere for someone to find. Teach someone something new. Give someone a hug to show how much you care. Smile at everybody. Harry has been learning about the solar system. Make a get-well card for someone. Tidy your bedroom without being asked.

Give someone a compliment.

### Message from the Lollipop Man

### Hi everyone,

I just wanted to tell you what I have been up to during lockdown. Firstly I have been gardeningplanting spuds, beans, onions, carrots and radishes. I also planted tomatoes in the greenhouse with my chillies and peppers. I have been doing some decorating, but mainly trying to keep busy. Most of all I have really missed you and wanted to give you all a very big fat air hug to keep you safe and well.

Keep safe, take care and look after each other, Luvs you all, Keith lollipop xx



Write a list of things you are grateful for.

STOP i



### Hand Hygiene and Social Distancing

Whether your child is remaining at home or beginning to prepare for the school potentially reopening for them, understanding the importance of thorough hand washing and maintaining social distancing continues to remain of high importance. Below are some suggested video clips and activities which may help to raise your child's awareness of each of these topics.

### Video clip- Why we should wash our hands video

They could also learn this catch song to help them wash their hands well.

What is Social Distancing video?

Please ensure you watch the video clips first to ensure you are happy with the content being shared with your children. They are both important topics to be discussed however you need to decide how this information is best shared with your child.



Mitchell has enjoyed his home learning activities

