

E-Safety

During the school closure, we know that children have a greater exposure to the online world. It is really important that they keep themselves safe. Children and parents can take part in a range of activities at:

<https://www.thinkuknow.co.uk/>

If you have any concerns regarding your child's safety online, and you believe they are being targeted, you can report this through CEOP- the online police.

<https://www.ceop.police.uk/safety-centre/>

Kindness Activity– #KindnessMatters

Show kindness to your family and friends with a heart shaped picture. All you need is a paper plate and some paint/ colouring pencils or tissue paper . You can write a message on the back and post through your loved ones letterbox.



It is so important to be kind and share your kindness.

#52KindWeeks



Source: Robert Green Ingersoll - Brainy Quote
www.kiddycharts.com - ©KiddyCharts 2018 - Present

Spreading Kindness Activity– #KindnessMatters

Kindness starts with you.

Show kindness to others with a sidewalk message of kindness: write a message or draw a picture on the pavement outside you home to spread joy and kindness.



KEEP IN TOUCH!

Don't forget to send in your photos and any work you want to share, check or get marked.

Make sure you email your Year group on ...

ph.y?homelearning@perryhallmat.co.uk

Colman Avenue, Wolverhampton, WV11 3RT. Telephone number: 01902558538

School website: www.perryhall.co.uk

Email address: perryhallprimaryschool@wolverhampton.gov.uk

Executive Headteacher: Miss R Kohli

Perry Hall News!

Terrific for Twos

Wednesday 20th May



A Place to Grow



Hope you are all safe and well!

This week's newsletter focuses on the power of kindness as part of **Mental Health Awareness Week 2020 -#KindnessMatters**. An act of kindness is something you do, towards yourself or others, which makes a positive difference. Kindness towards yourself gives you confidence and helps boost your self-esteem. Being kind to others also increases happiness and reduces the worry and stress around you. A great example demonstrating kindness towards others would be the amazing 100-year -old Captain Tom Moore who walked 100 laps in his garden to raise money for the NHS. How are you going to share your kindness? Make sure you let me know how you get on with kindness activities via your year group email! **Miss you all—Miss Kohli**

This week is all about kindness and now more than ever we are seeing lots of kindness , patience and compassion. Even though we can't see or meet our loved ones there are lots of things we can do for when we can.

You could make a family kindness jar, which you can fill with kindness quotes and how you are feeling.



Message from the Office Staff

Hi everyone,
Just a short message to say how much we are missing all the children. It is not the same without all of your happy faces.
Take care and stay safe from,
Mrs Wootton, Mrs Cox and Mrs Hughes.

Message from the Lunchtime Supervisors

Hi Children,
We hope you are all well and have enjoyed your time at home. We have missed you all and can't wait until we get together soon. We are looking forward to hearing your stories of what you have been doing at home.
With love from, Your Dinner Ladies.

Practical Science Ideas

Across school, children have been posed with the following question:

Question



How does a shadow change over time?

Look at shadows in the home and outside. Can you make shadows with your body?

Play with your toys outside and look at their shadows. Can you draw around some? Do they look the same in the morning as they do in the afternoon?



Spreading Kindness Activity-

#KindnessMatters

<https://www.youtube.com/watch?v=kAo4-2UzgPo>

Have a listen to this beautiful story about kindness and how an act of kindness can make someone smile.



To all our children, we hope you are all keeping safe and well. We are missing you all and hope to see you all soon. We have loved all the pictures of you all doing different activities at home with your families and can see that you are all working hard but also having lots of fun! Please continue to send in your lovely photos to the school email address.

Stay safe and see you all soon!

Miss Davies has been busy washing her car and walking her dog Luna getting plenty of sunshine and keeping busy!



Message from the Caretaker

Dear children,

We have been busy cleaning every nook and cranny of the school while you have been away. It is very quiet in the school without you and we miss you all. We are looking forward to you coming back to school and we hope to see you all soon.

Keep safe,
Mr. Evans and all the cleaners.

Activities: Mental Health Awareness Week 18-24th May 2022. #KindnessMatters

The theme for Mental Health Awareness Week 2020 is Kindness.

We would like to challenge our children to create their own Kindness flower from Wednesday 20th May – Sunday 31st May, 2020. Each kind act adds a petal to your kindness flower.

Start with a paper plate and a stalk and then...BE KIND!

The 'Daily Kind Acts' below offer some ideas if you are stuck! We would love to see the completed calendars, so please email them to your year group email.



Daily Kind Acts

Tell someone how much you love them. Help make dinner. Feed the birds.

Leave a happy note somewhere for someone to find. Teach someone something new.

Give someone a hug to show how much you care. Smile at everybody.

Make a get-well card for someone. Tidy your bedroom without being asked.

Give someone a compliment. Write a list of things you are grateful for.



Message from the Lollipop Man



Hi everyone,
I just wanted to tell you what I have been up to during lockdown. Firstly I have been gardening—planting spuds, beans, onions, carrots and radishes. I also planted tomatoes in the greenhouse with my chillies and peppers. I have been doing some decorating, but mainly trying to keep busy. Most of all I have really missed you and wanted to give you all a very big fat air hug to keep you safe and well.

Keep safe, take care and look after each other,
Luvs you all, Keith lollipop xx

Mrs Gill helped her little boy put together a solar system for his school space project!



Hand Hygiene and Social Distancing

Whether your child is remaining at home or beginning to prepare for the school potentially reopening for them, understanding the importance of thorough hand washing and maintaining social distancing continues to remain of high importance. Below are some suggested video clips and activities which may help to raise your child's awareness of each of these topics.



Hand Washing

Video clip– [Why we should wash our hands video](#)

They could also learn this catch song to help them wash their hands well.

[Baby Shark Song](#)



Social Distancing– Video clips

[What is Social Distancing video?](#)

[Social Distancing Song](#)

Please ensure you watch the video clips first to ensure you are happy with the content being shared with your children. They are both important topics to be discussed however you need to decide how this information is best shared with your child.

Have a go at making a kindness note for a family member that would make them smile!



You could make a homemade bird feeder to put in your garden.

<https://www.youtube.com/watch?v=A1-85wKBVRo>

