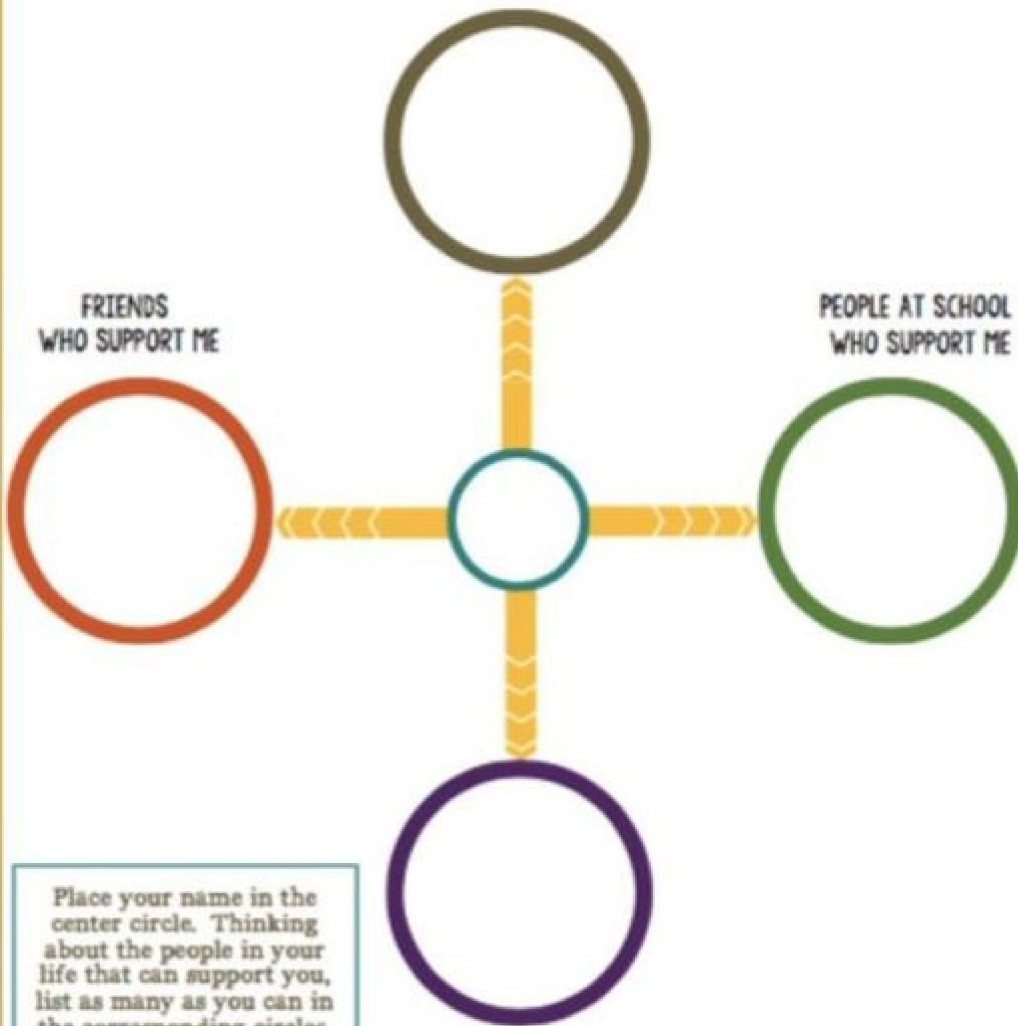


SUPPORT MAP

FAMILY WHO SUPPORTS ME

FRIENDS
WHO SUPPORT ME

PEOPLE AT SCHOOL
WHO SUPPORT ME



Place your name in the center circle. Thinking about the people in your life that can support you, list as many as you can in the corresponding circles. Remember that no one can make it alone; we are wired for connection. It is a strength to reach out and ask for help.

PEOPLE IN MY COMMUNITY
WHO SUPPORT ME



WHOLEHearted
SCHOOL COUNSELING