#### Mr Bonham's Challenge!

I hope you're all well and hope you are taking part in lots of exciting learning at home- especially that very important subject called **PE :-)** 

I just wanted to let you all know about a few little challenges you can do at home or in your gardens to help you to keep active and to also challenge yourself. Follow the links below- we want to see how well you can do in a week.

https://youtu.be/tJ9e CuSKQg - part 1

https://youtu.be/YQ8bKmiaPPg - part 2

We would love to see some photos/videos of you trying these challenges.

I know it's is difficult staying home but remember you're all playing an important part in helping to keep the country safe! Please stay at home, stay safe and we look forward to seeing your PE challenge photos and videos. Mr Boneham

# Challenge





#### Message from Mrs Cook- Our Relax Kids Teacher

As you may remember, I do Relax kids classes across school and have a club after school as well. Here are some activities to help you keep clam and relax.

#### Calmometer link

Calm card link

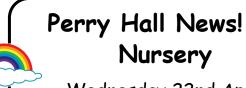
#### Calm Activities link

Some somewhere over the rainbow, skies are blue, and the dreams that you dare to dream, really do come true." Stay safe, safe happy and stay strong. I look forward to our next Relax kids adventure together. Mrs Cook!

Colman Avenue, Wolverhampton, WV11 3RT. Telephone number: 01902558538 School website: www.perryhall.co.uk

Email address: perryhallprimaryschool@wolverhampton.gov.uk

Executive Headteacher: Miss R Kohli



Wednesday 22nd April

Be Happy, Be healthy! Welcome to our second year group newsletter. The theme of this newsletter is "Be happy, be healthy". We want to ensure all our families are looking after each others' wellbeing while at home. To support you with this, we will be sharing lots of fun ideas which the whole family can enjoy together at home. Thank you to all of the children that have sent in photos of their fun and learning. We have added some to this newsletter and will also be uploading them onto our website. Please keep them coming in via your year group email address, with your permission for us to share them.

Please stay safe and get in touch via email or phone if you require any support. Miss Kohli—missing you all.

#### A message for parents and carers

Myself and the Nursery staff have been overwhelmed by all of the emails you are sending in. We are delighted to see the learning taking place at home. The videos, photos and children's work help us to all keep in touch . I know it's certainly making me smile!

It's amazing to see that you are not only keeping in touch with us, but are supporting each other as families and friends, in such a challenging time for us all. Please continue to keep in touch via our email address.

Stay safe! Mrs Phillips .



A Prima,

A Place to Grow

A stunning collage sent in by a group of parents. Thank you to all families involved.

#### Message from our Chair of Governors

Hi Everyone. Isn't it amazing how much we are all missing Perry Hall? Our children are missing learning exciting new things and playing with their friends, staff are missing teaching and interacting with their pupils and parents are missing hearing from our children about the fun they have had during their day on the way home each day. My favourite thing about being a governor at Perry Hall is going into school when the classrooms are full of pupils and staff and the whole building is alive! I hope you are all well and staying safe and look forward to seeing everyone again soon. Mr Tarbuck

### Mathematics Daily Learning- Update

#### https://whiterosemaths.com/homelearning/early-years/



#### Day 1 - Supertato



- 1. Watch the video with your child.
- 2. 'Get the Activity'- download the document which is full of fun mathematical activities.
- 3. Have fun with your child. Remember to send pictures of your work to our EYFS email address, with your permission for us to use them in our next newsletter and on our school website.

Remember, maths is all around us! Make it fun and practical for your child.

Here are some other suggestions....

#### Smack it!





# Spinning Cups.





Week 1 and 2

The two weeks of

lessons from before the Easter holiday are

Summer Term

Similar daily maths

lessons will be

available Monday-

Friday each week

throughout the

Summer Term. A new book is introduced

weekly.

You do not need to

buy these books to

complete the

activities.

Practise forming numbers

in sand/glitter/

paint...anything to make it

Ľ

### **Outdoor inspiration**

Here is Willow using natural materials to create a beautiful picture at home.



Please share your outdoor adventures with us!

#### **Home Learning Grids**

The latest home learning grids were sent out just before we broke up for the Easter holidays. The links were sent via text but they can also be found on the school website.

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Happy 4th Birthday to those children who have celebrated their birthday since school closed.

March Jossiah Bradley

April

Faith



Change 4 Life 10 minute shake up Change4Life has launched a national 10 Minute Shake Ups programme with Disney, Sport England and schools to help get the nation's children active. Being active helps children to build social skills, boost self-confidence and mental wellbeing, and

improve bone and heart health.



https://www.nhs.uk/10-minuteshake-up/shake-ups

#### Get Cooking!

We have been receiving lots of photo's of children baking and cooking at home.







Share your favourite recipes with us.

Children's well-being is without doubt at the core of the Early Years Foundations Stage (EYFS), and certainly a significant issue for all of us at the moment. Help your child by:

- Having reasonable rules that fit with children's rhythms and give a pattern to daily life.
- Ensuring safety without stopping • reasonable risk-taking.
- Letting children gain a sense of well • -being when they are encouraged to take responsibility and to join in by helping with manageable tasks that interest them.
- Providing opportunities for children . to explore, play and learn in a safe and secure environment.

#### Hi Nursery Children,

This week I've been doing lots of jobs in my garden like planting flowers to make it look pretty! Also last week we made my little dog his very own dog house, it was hard work but very fun to make. Now he's got somewhere to go when it's a little bit too hot outside.

I also celebrated my birthday, I had a lovely day and enjoyed eating some birthday cake! I look forward to hearing your news.

Miss Wild xx



#### Hello Children.

I'm missing you all lots, I'm keeping myself busy at home. This week I have been gardening and creating a fairy garden with my children. As you can see, we need some more houses and plants! I'll keep you updated with our progress.



#### **Contact with Families**

We are hoping to ensure we have made some form of contact with each of our school families.

If you have not yet made contact with your child's teachers via the year group emails, then please ensure that you do this-we'd love to hear about and see via photos the fun things you have been getting up to at home.

If we have not heard from you, via any means of communication, then we plan to make phone calls to check in with those families we have not heard from since the school closed.

# Please send all your pictures and work to: ph.eyfshomelearning@perryhallmat.co.uk

We take turn to check the emails every day Monday-Friday. We love to hear from you!

#### **English Daily Learning– Update**

#### Reading

During the Summer term, Oxford Owl continue to offer access to their online library of eBooks for children to read from home. These are the same books as we have in school and can be accessed using this link:



#### https://home.oxfordowl.co.uk/

Reading with your children is enjoyable and your child will get so much out of the experience, not just their relationship with you, but also develop a love of learning. Reading is essential to their long term achievement both at school and in life—so share a book each day!

#### Phonics

To ensure children in Nursery and Reception have access to high quality phonics during the school closure, virtual Read Write Inc. Phonics lessons are available on Facebook and YouTube for children to watch at home. From 20th April, the films will be released at the times shown below (Monday to Friday). Each film is10 –15 minutes in length and will be available on YouTube for 24 hours.

Set 1	
Speed Sounds	9:30
Word Time	9:45
Spelling	10:00
Storytime with Nick (Mon, Wed, Fri)	14:00

#### Writing

In Early Years, Speaking and Listening is equally as important as Writing.

Encourage your children to talk about their day, about the books that they have read and about subjects they are interested in. For older children, encourage them to write some of their ideas down, write labels and short sentences.

For younger children, provide a range of mark making activities. See these examples:

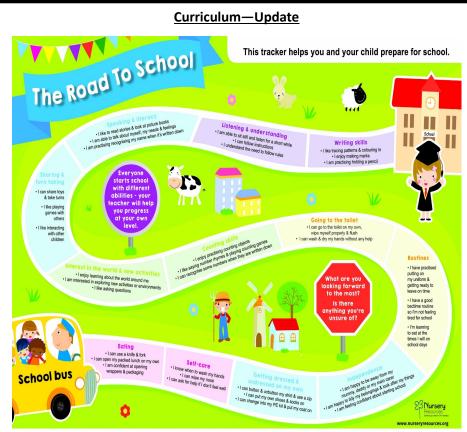
in rice / flour / foam







chalks outside



Remember - learning is not a competition, children learn at different rates. For more ideas to help prepare your child for school, talk to your childcare practitioner

Please use this 'Road to School' tracker to help prepare your child for Reception in September



# Easter egg decorating competition.

Thank you to everyone who took part in our competition. We received lots of entries and they were all amazing and very unique! Miss Kohli had the difficult challenge of judging the competition. Well done to Isla and Elsie who created the winning designs.





#### **Relaxation and Mindfulness with CBeebies.** Even very young children can feel stressed and anxious, especially during times of change or upheaval. Try these simple, calming activities together and see which ones work for you.

- Use your mind...
- Have a giggle and a laugh
- Breathe deep...
- Stretch it out...
- Go cloud-spotting...
- Relax with CBeebies Radio
- Do the doodle or colour in...

https://www.bbc.co.uk/cbeebies/joinin/ seven-techniques-for-helping-kids-keepcalm

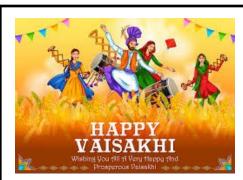
# E-Safety

During the school closure, we know that children have a greater exposure to the online world. It is really important that they keep themselves safe. Children and parents can take part in a range of activities at:

#### https://www.thinkuknow.co.uk/

If you have any concerns, regarding your child's safety online, and you believe they are being targeted, you can report this through CEOP, the online police.

https://www.ceop.police.uk/safety-centre/





Sehaj and his family have been celebrating Vaisakhi.

Thank you for sharing your photo.

'Happy Vaisakhi'



If you have a family celebration or birthday that you wish to share, please contact us via our email address ph.eyfshomelearning@perryhallmat.co.uk

# Hello everyone,

I hope you are all okay. I am missing you all. I have been keeping busy with my 3 boys, helping them with their learning and also enjoying our time together in the garden. We've been really lucky to have such beautiful weather.

Stay safe!

Miss Parkinson xx