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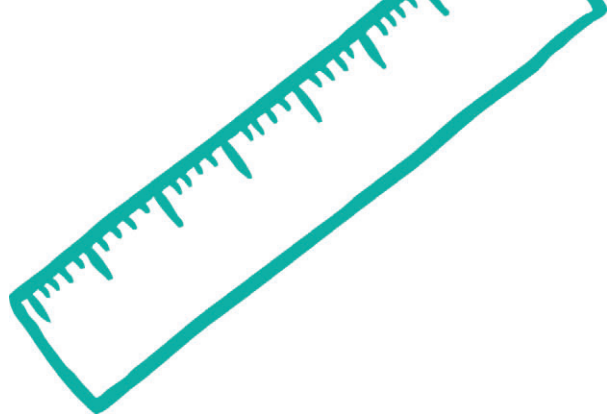
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48 Things to Do Before You're 48 Months Old Busy Booklet

twinkl



Grown-up, write your child's name here:



Make and decorate cupcakes.



Ingredients

- 110g/4oz softened butter or margarine
- 110g/4oz caster sugar
- 2 free-range eggs
- 1 tsp vanilla extract
- 110g/4oz self-raising flour
- 300g icing sugar
- 2-3 drops food colouring



Method

1. Preheat the oven to 180°C. Cream the sugar and butter in a bowl.
2. Beat in the eggs and vanilla extract.
3. Slowly, fold in the flour.
4. Carefully, spoon the mixture into cupcake cases and bake in the oven for 8-10 minutes.
5. Let them cool for 10 minutes on a wire rack.
6. Mix the icing and food colouring in a bowl, slowly adding water until mixture is smooth.
7. Decorate the cupcakes as you wish!



Put on a living room song and dance show.

Ask each member of the audience to write 'bravo' in the speech bubbles.



To parents, grandparents and carers,

These 48 challenges will fill your child with confidence and imagination. The challenges are designed to fit easily into everyday life and do not need any special equipment.

This busy book is a scrapbook record of your child's accomplishments. Add your own notes and dates as reminders and memories to look back upon. Your child can glue things in, draw, write and print their experiences on to these pages.

These pages should be used to make memories.



Safety Note

Your children will need to be supervised at all times when carrying out these challenges. You know your children better than anybody else and you will need to use your own judgement about what is safe and suitable for them.



In the house.



In a group.



Out and about.



Imaginative.



Dig a hole in the sand.



Use glue to stick sand from the beach you visited on to this page.

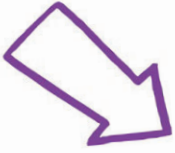




Jump over waves.

How many did you jump over?

Draw a picture of you jumping over the waves here.





Put my shoes on by myself.

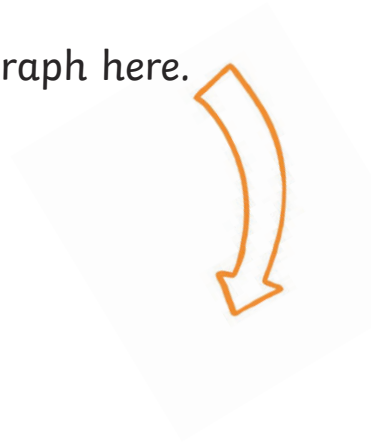


Find a crab in a rock pool.

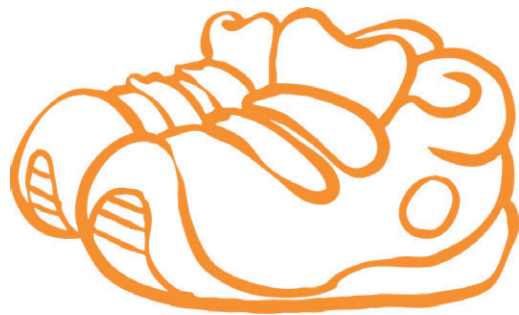


Did you find one?

Draw a picture or stick in a photograph here.



Stomp here
once you have
put your shoes on!

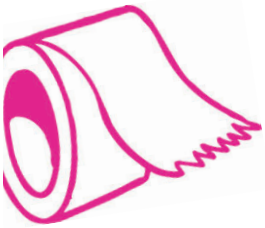




Build a den.

Hang a sign up at the entrance of your den.

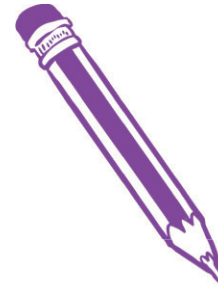
It could say...



Put my coat on by myself.



Colour this coat in to look like your coat.

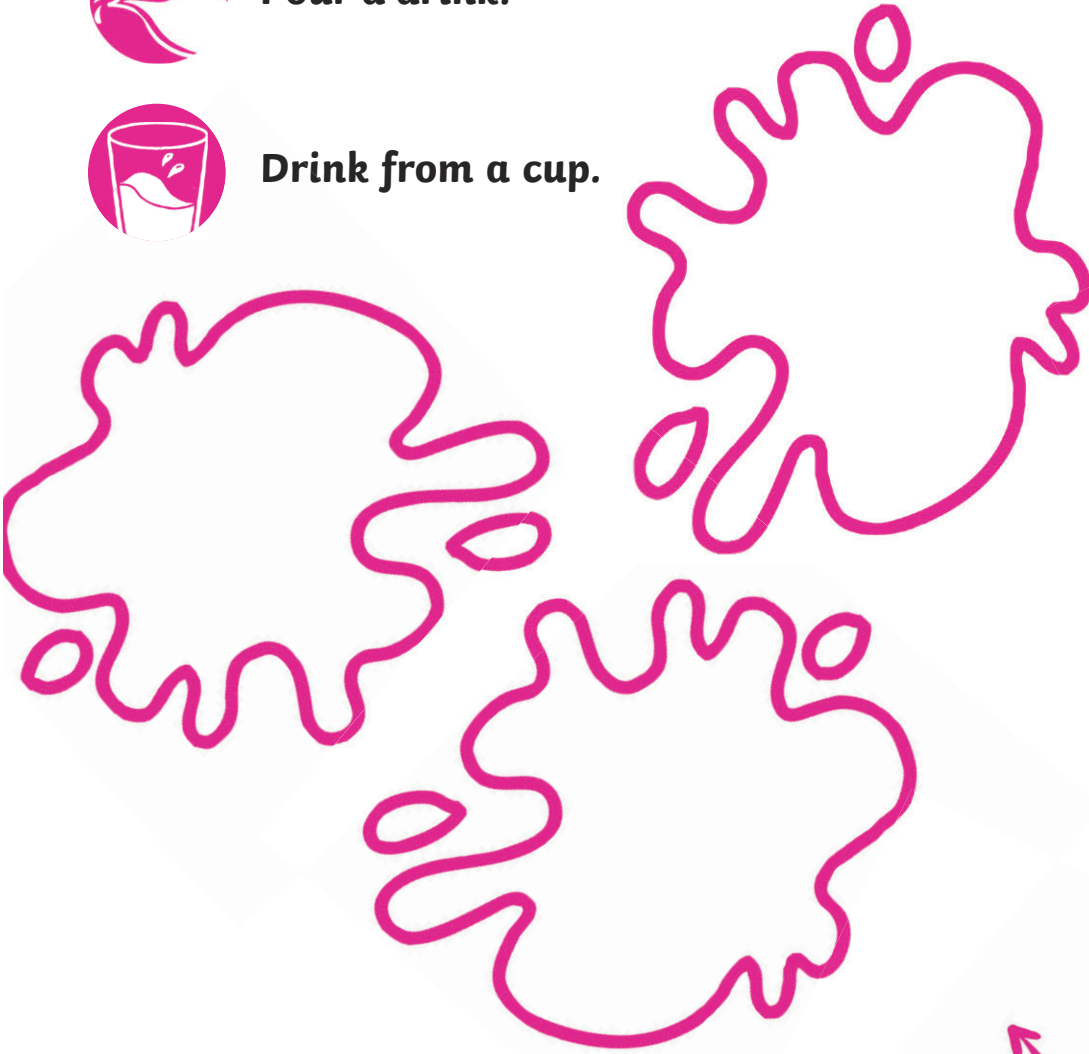




Pour a drink.



Drink from a cup.



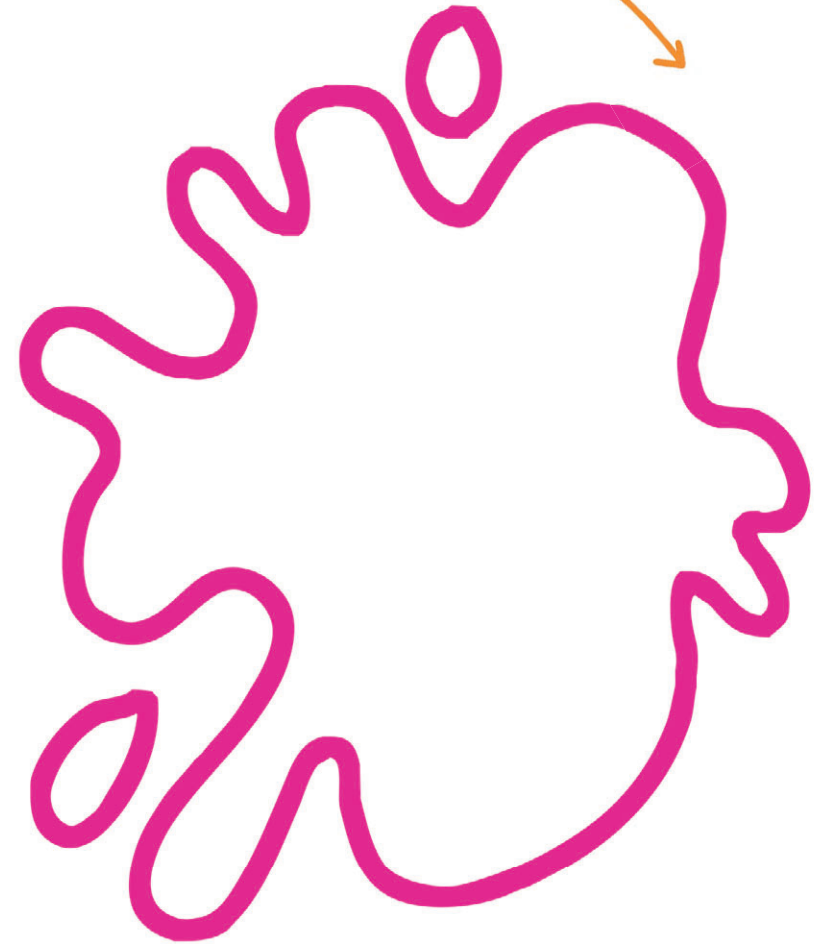
Just this once, place your finger in to your cup and make a wet fingerprint in this splat.

Remember to pour carefully and to sit still while you drink.



Hold a worm.

Place a worm on the page here.



Don't forget to put the worm back in to the soil carefully.



Post a letter and receive one in the post too.

Stick the stamp that is on the letter you received here.



Grown-up, write the name of the person that the letter was posted to.



Peel a satsuma.



Stick your peel on here, using glue.





Sit and hold a baby on my lap.

Baby's Name:



Date:





Did You Know...?

Learning about babies and connecting emotionally with them has been proven to help children develop empathy and with their social and emotional learning.

Get messy and clean yourself up.



Make some wet handprints here after you have washed your hands!



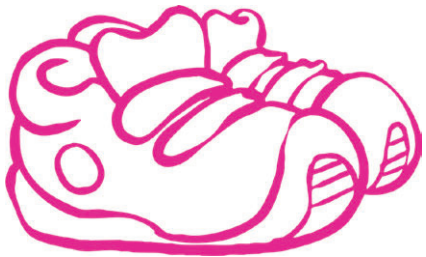


Go on a playdate without your parent or carer staying with you.

Grown-up, write the date and who they stayed with here:

Date:

Person:



Buy a 10p sweet.



You may choose to buy something else; maybe a piece of fruit, a book or a toy from a charity shop.

Stick your receipt here.

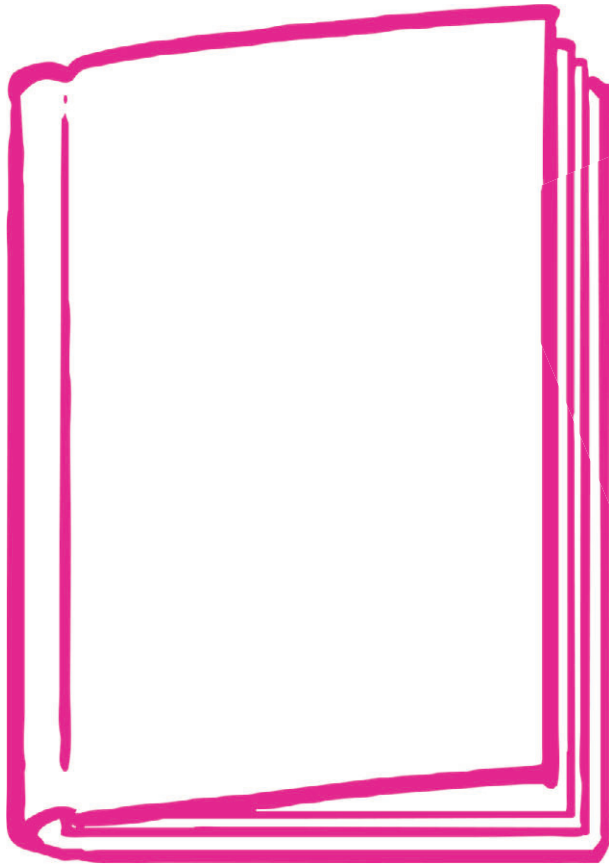


This challenge is designed to help children develop the confidence to speak to adults who can help them.



Sit and listen to a story in a group.

This could be at your local library, toddler group, your childminder's, nursery or preschool.



*Draw a picture
of the story you
heard here.*



If you can, sit with your legs crossed, it helps you to keep still so you don't distract any of the other children listening to the story.



**Go on a sound walk in
the city and countryside.**



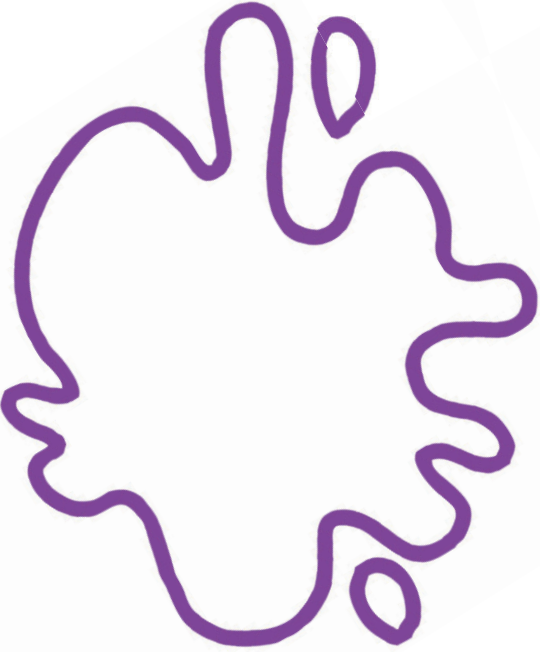
Draw, write or stick a photo of what you heard here.





Make a mud pie.

Make your mud pie here.



The best mud pies have extra ingredients!



Put my pyjamas on by myself.

Colour these pyjamas so they look like your pyjamas.



Did You Know...?

It is recommend that three and four-year-olds get 11½ hours of sleep a night.



Cut out pictures from a toy catalogue.

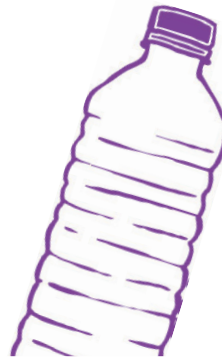
Carefully, use scissors to cut out the pictures and glue them here.



Make models using bottles and boxes from the recycling.



Remember, the more imaginative, the better!
Draw, write or stick a photo of your model here.





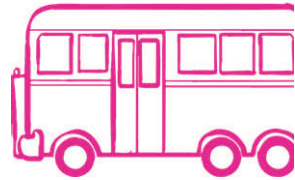
Take a journey on a bus and a train.

Stick your tickets here.



Which of these have you travelled on?

- Bus
- Train
- Ferry
- Aeroplane



You might not have a ticket to stick in. Some people use travel cards or have tickets on their phones.

Tick if you used one of these methods.



Spot my name when it's written down.



Grown-up, write your child's name here:

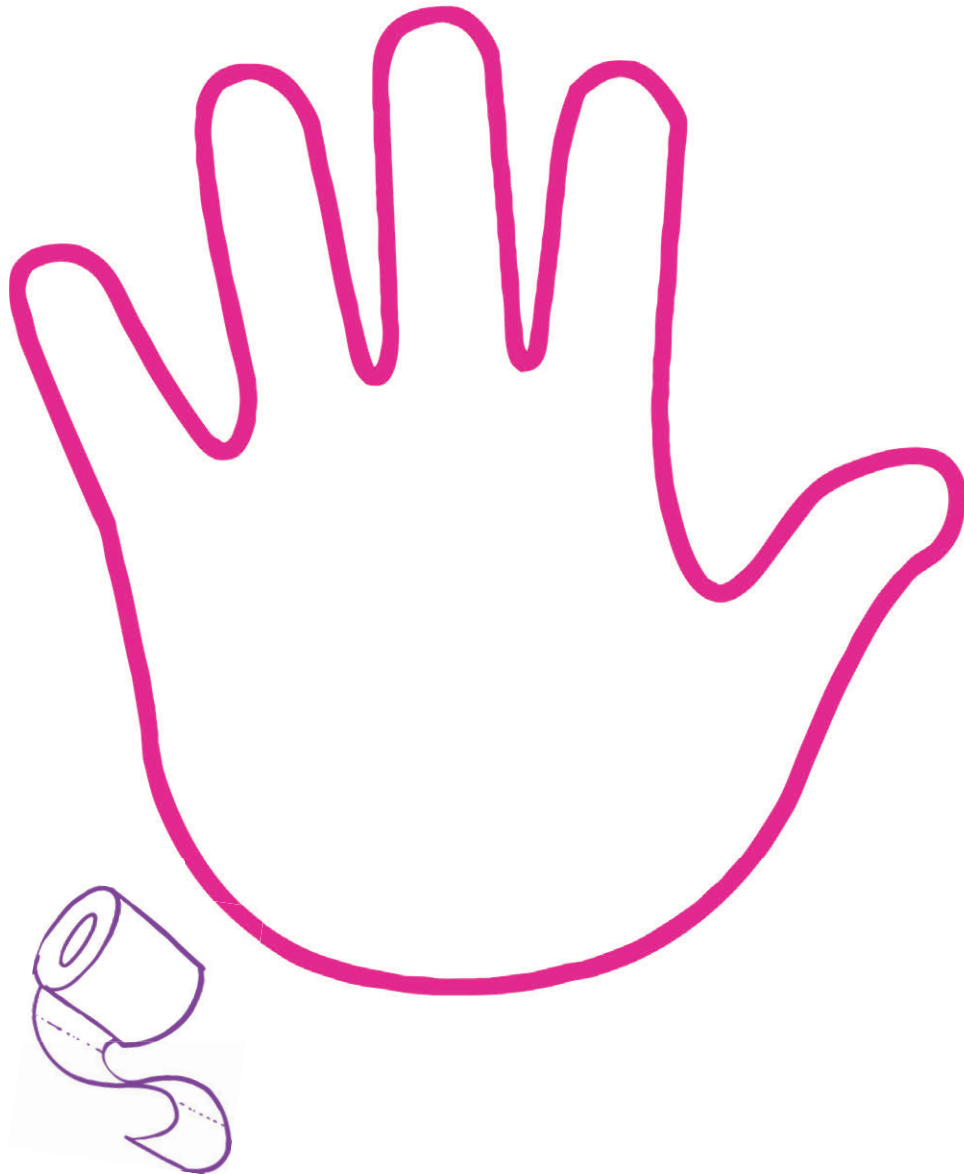
Try and copy your name here:



Being able to recognise their name will help your child to find their peg, drawer, bookbag and labelled clothing in the classroom.



Use the toilet without help.



Light a candle.



Stick your used match here.



Grown-up, you will need to help your child to strike the match and guide it to the candle. You will need to decide the safest way to do this with your child. Don't forget to tie back long hair - that includes you, grown-ups! Don't forget to put the matches out of reach after the candle has been lit.

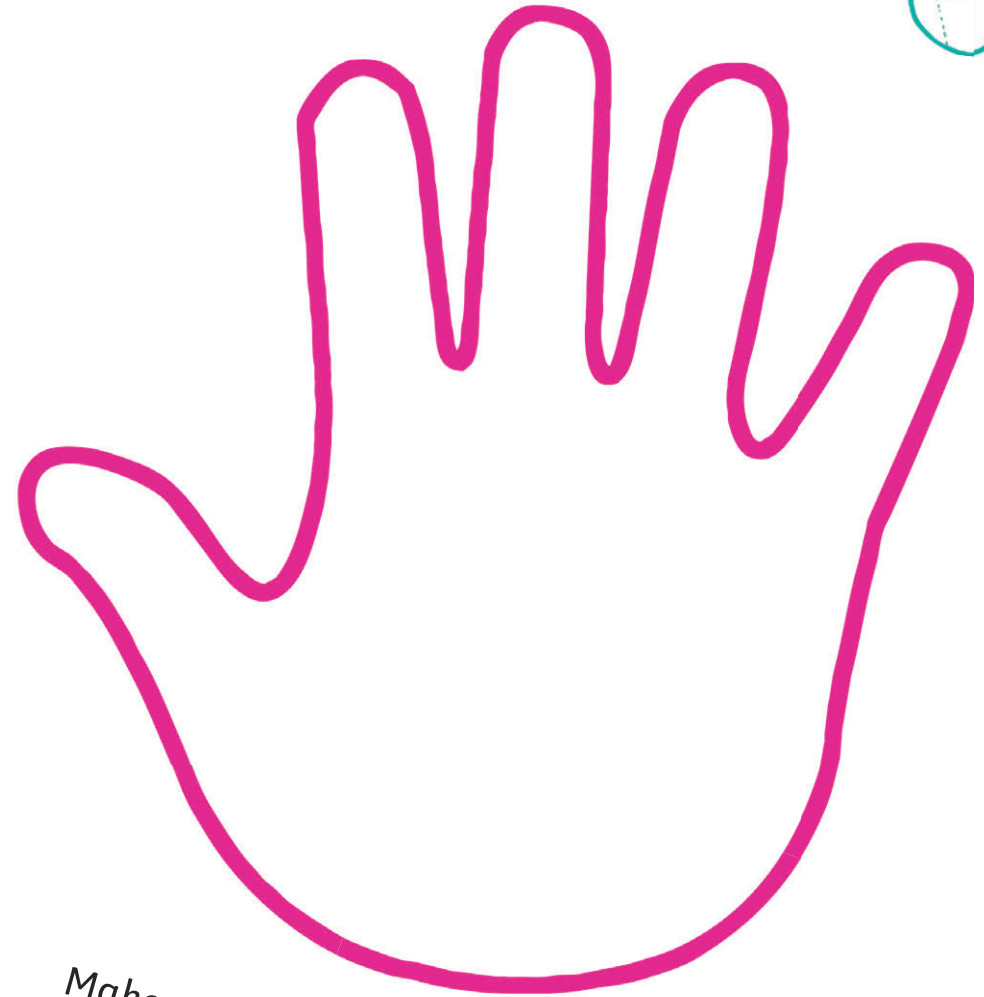


Use a screwdriver.

Help an adult to fix something. Draw a picture of what you fixed here.



Grown-up, you may need to loosen a screw to change the batteries in a toy, maybe let your child help with this job.

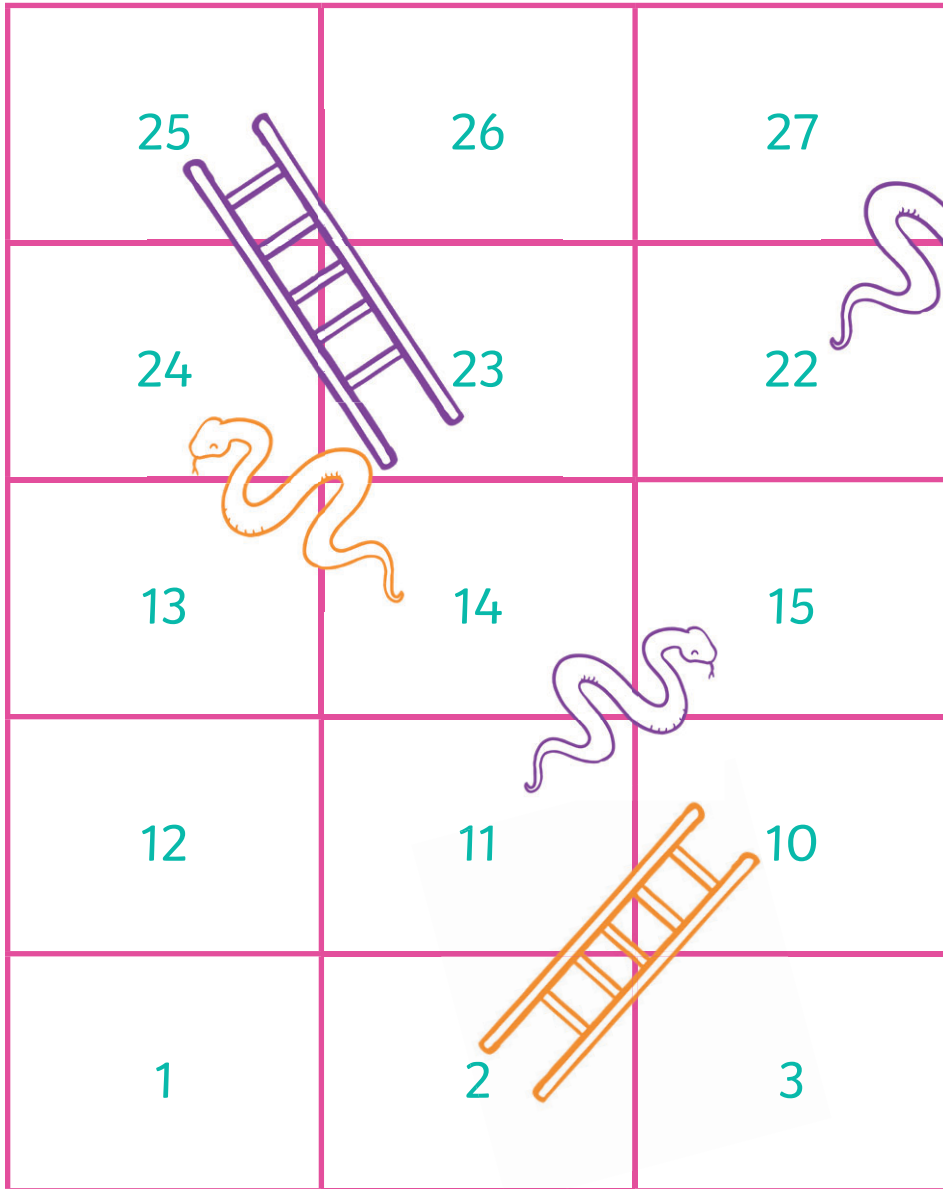


Make some wet handprints here after you have washed your hands!





Play a board game with dice.






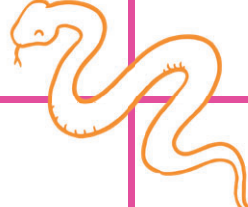
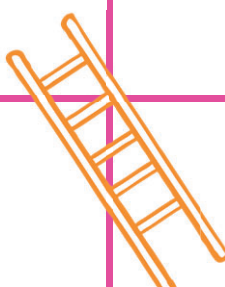

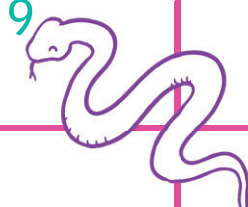
Make a collection of 10 interesting things.

Draw, write or stick a photo of your collection here.

Ideas of things you could collect:

- stones
- shells
- feathers
- teddies



28 	29 	30
21 	20 	19
16	17	18
9 	8	7
4	5	6



Try an exotic fruit.



Did you like it?



Change dress-up outfits by myself.

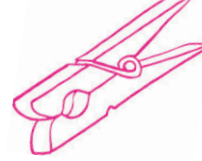


Draw your favourite dressing-up outfit on the hanger!



Make up a song.

Grown-up, write the words to the song here.



Peg out the washing.



Put pegs on these socks.



Make a friend.



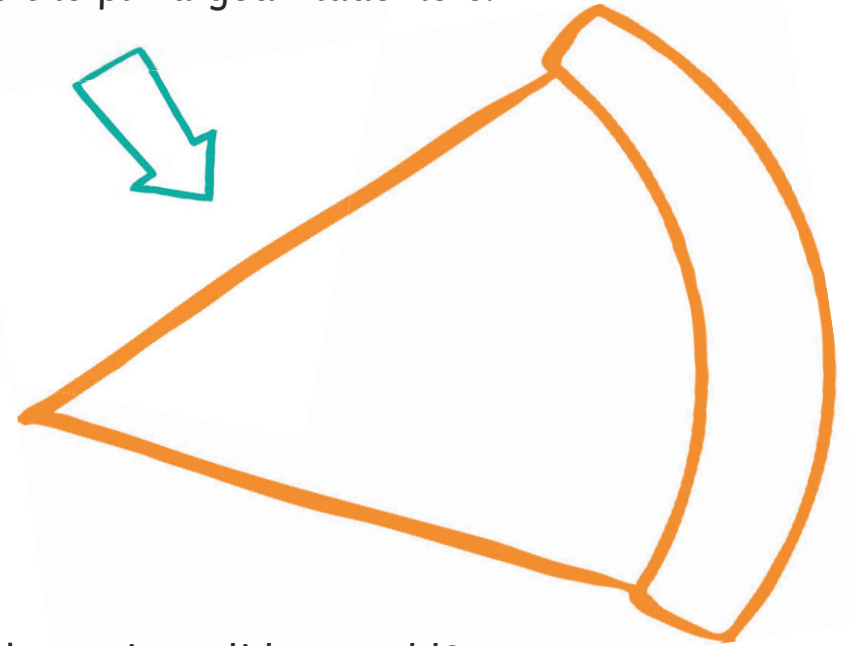
Draw your friend's face here.

Grown-up, write the name of the friend here:

Make your own pizza.



Draw the pizza you made here:



Which toppings did you add?

pineapple



pepperoni

ham

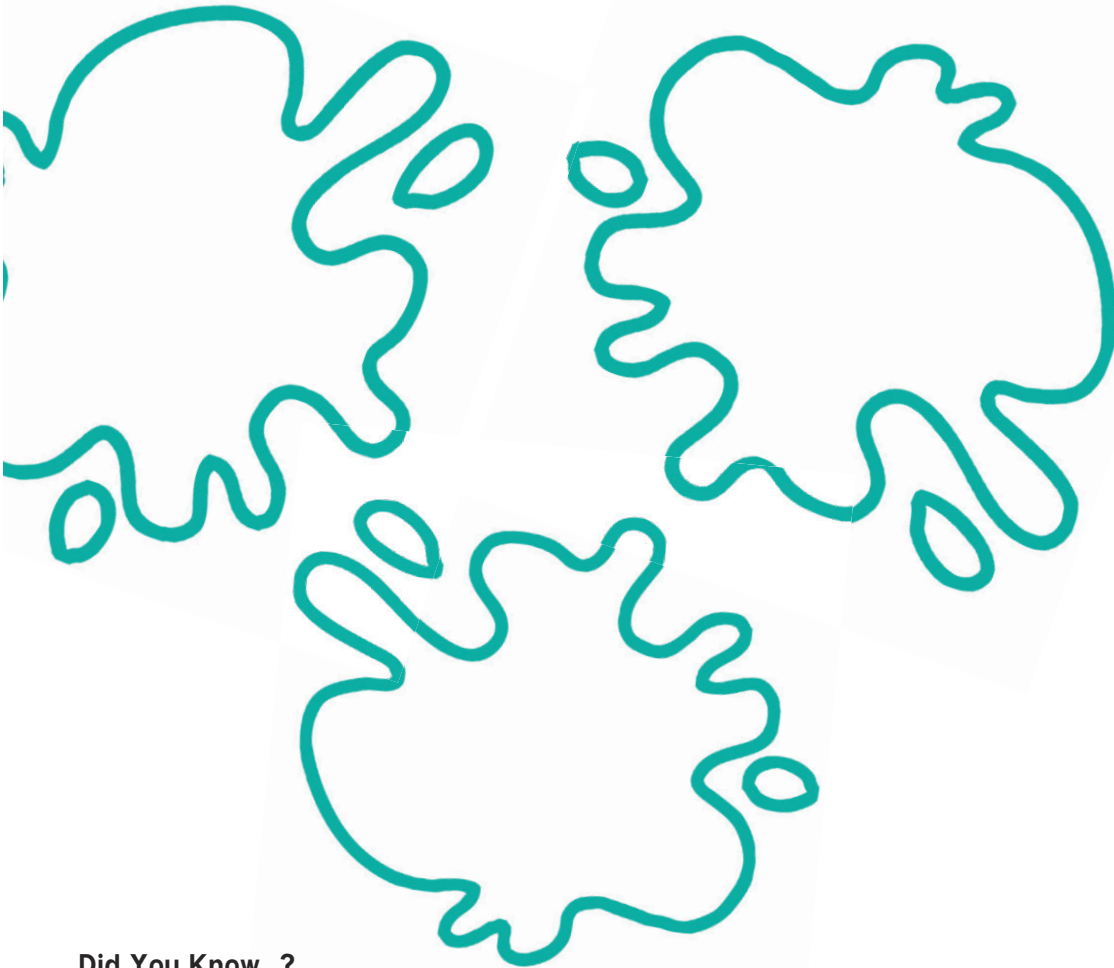


sweetcorn



Feed peas to ducks.

Squash some of the peas on to this page.



Did You Know...?

Bread has no real nutritional value for ducks. Feeding bread to the ducks may mean they fill up on bread instead of other foods which are better for them. This can cause them to become ill. You can feed the ducks oats or corn instead of peas.

Share your playdough with three friends.

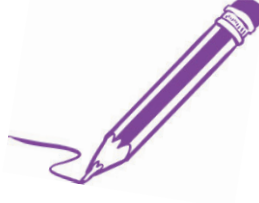


Break your playdough into four pieces. Press each piece of playdough on to this page to make a print.





Make up a story.



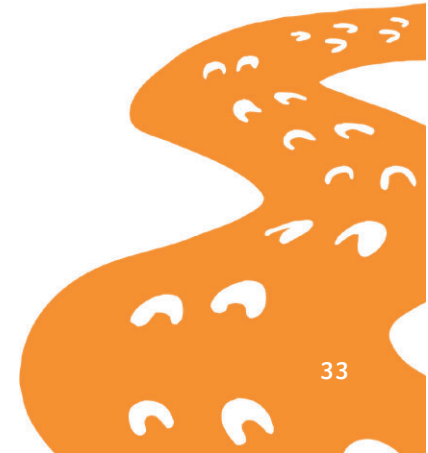
Grown-up, write their story above. Try to write the exact words your child uses rather than rephrasing them.

Visit a farm.



Use this space to stick in any interesting things you find at the farm.

Did you know that there are even farms to visit in cities – city farms.

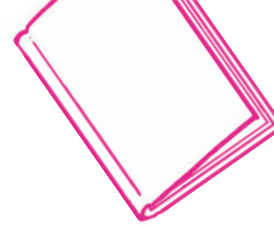
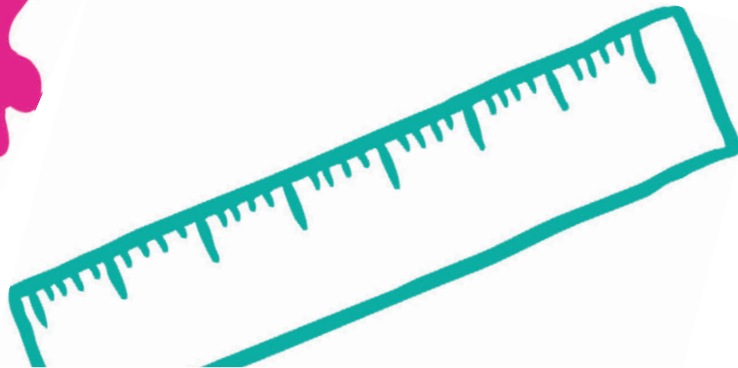




Make a life-size picture of yourself.

How to make a life-size picture of yourself:

1. Find a long roll of paper, an old roll of wallpaper is great for this.
2. Roll out a long length of paper and weigh down each corner with a tin of beans from the cupboard.
3. Lie down on the paper.
4. Ask an adult or older child to draw around you with a felt-tip pen.
5. Get creative! Colour or paint a life-size version of yourself.



Check out a library book.

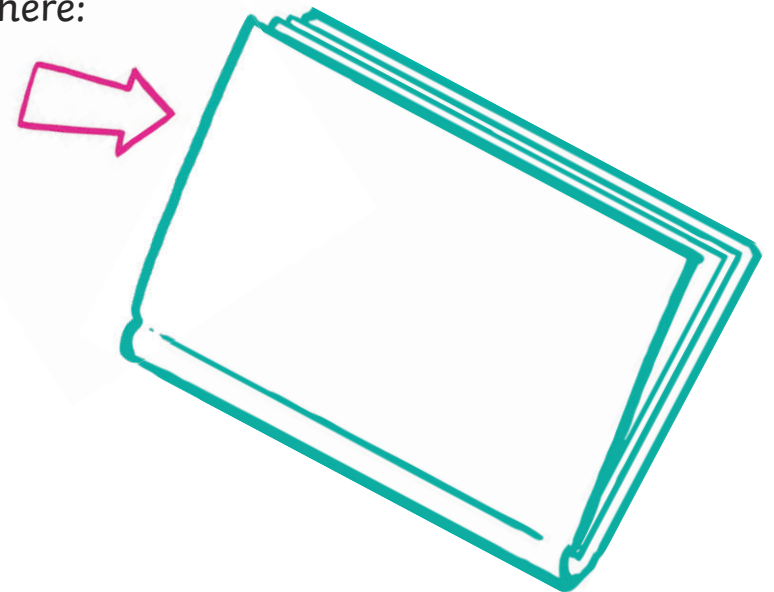


If you sign-up to your local library, you will be given a special card that will allow you to take books from the library home. Keep it safe!

How to check out a library book:

1. Choose a book – there's no rush!
2. Take your book to the counter.
3. Pass your library card to the assistant.
4. Find out when you need to take your book back to the library for another child to read.

Ask a person working at the library to put a stamp here:





Find a stick in the woods that looks like a person.

Where did you find it?

The Park



The Woods



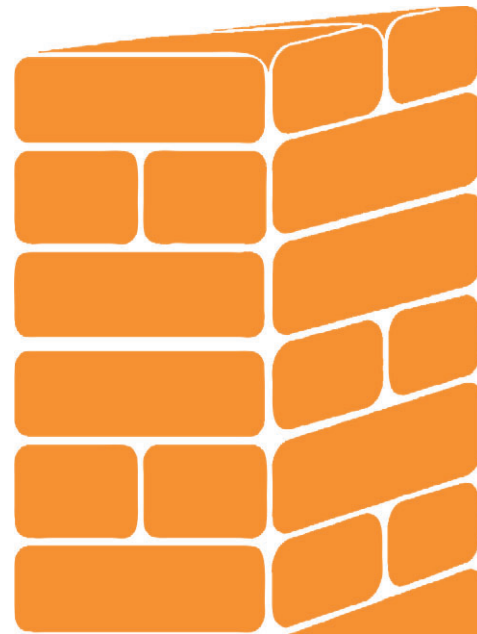
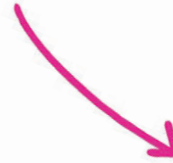
The Pavement



Build a tower as tall as yourself.



Place your blocks here.





Tell your drink order to the staff at a café.

1. Ask an adult or an older child to tell you what is on the menu.
2. Choose what you will have.
3. Tell the waiter or waitress when they ask you.



You can do it!

Draw a picture of what you ordered here.



Make a shopping list.



Write, glue or draw your shopping list here.

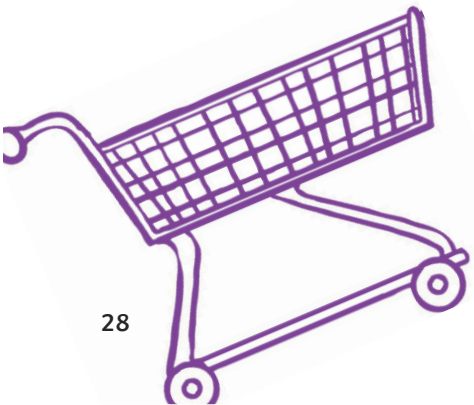
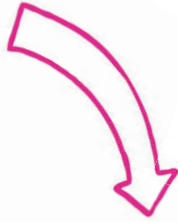


Follow a shopping list.

Take your shopping list with you to the shop.

What did you get from your list?

Stick your receipt here.



Know the words to my favourite story by heart.



Tell someone the story you know. Did they enjoy it?

Draw a picture from your favourite story here.

