



16 September 2019

Dear Parent/Carer,

This term, Perry Hall will be visited by a **Team GB Athlete** on **Monday 30th September**.

On the day, an athlete will hold an inspirational assembly to talk about any achievements, goals, inspirations and struggles they have faced during their sporting journey so far.

Pupils will then take part in a 30-minute sponsored events with the athlete. During the 30-minute sponsored events, the students will complete the following:

- Fitness circuit: Running / star jumps / press ups / sit ups / squat jumps
- Healthy living workshop: Learning about the importance of a balanced diet and lifestyle
- Growth mindset workshop: Learning how to be resilient, never give up and keep on going
- Athlete question and answer: A chance for pupils to ask any questions they have.

We are asking for donations to support this sponsored event. From the money raised, Perry Hall will receive up to 40% of all sponsor money raised which in turn will be used to purchase new sporting equipment for all Perry Hall children. You can donate through the sponsorship form or online at: inspiredthroughsport.co.uk/donate

This is a superb opportunity to sponsor a good cause as well as raise funds for school sports equipment.

We ask that sponsorship forms be returned to the school office, with the sponsorship money on **30th September**. We understand that there are other events and monies due this month and would like to emphasise that this is voluntary and all children will take part in the event. Please remember every little helps and even £1 would mean a collective amount of over £400.

Thank you for your support with this event - we are excited for the children to meet a Team GB athlete!

Yours sincerely,

Miss Kohli

Executive Headteacher