



4th July 2019

Dear parent/carer,

We are pleased to inform you that we will be working with the NSPCC, the UK's leading children's charity, who will be delivering their **Speak out. Stay safe.** programme on **Wednesday 10th July**. This is a nationwide programme for every primary-school-aged child in the UK. With the help of their friendly mascot Buddy, they'll be presenting an assembly to the children in our school. The following will be taking place:

KS1 assembly- Case studies will be used to introduce definitions of a variety of forms of abuse. These are entitled: 'hitting', 'hurting children's feelings', 'privates are private', 'not looked after property' and 'bullying'.

KS2- The following types of abuse will be discussed: 'emotional abuse', 'physical abuse', 'sexual abuse', 'neglect' and 'bullying'.

Key messages about talking to trusted grown-ups and about Childline will also be shared with the children.

What is the *Speak out. Stay safe.* programme?

Through child-friendly, interactive assemblies and workshops their specially trained staff and volunteers will give our children information about how to keep themselves safe from harm and how to get help if they have any worries, sensitively discussing issues like bullying and all types of abuse, without using scary words or adult language.

We have studied the content of the materials and heard from other schools who have participated and are extremely confident that they are appropriate for our children. By the end of their visit, we're convinced children will feel empowered – knowing how they can speak out and stay safe.

If you would like any more information about the NSPCC **Speak out. Stay safe.** programme, including frequently asked questions, you can find it on the NSPCC website nspcc.org.uk/schools

Talking about the Underwear Rule with your children

The NSPCC's work in schools will help encourage conversations about staying safe – and they have a number of child-friendly materials to help you carry on the conversation afterwards. That includes 'The Underwear Rule', a simple way for parents to help keep children safe from sexual abuse – without using scary words or even mentioning sex.

The guide uses the rules of PANTS to teach children that their body belongs to them and them alone. You can find out more and download the free resources at nspcc.org.uk/pants

If you'd like to know more about the NSPCC's work, or take a look at the wide range of information and advice which is available for parents and carers, please visit their website nspcc.org.uk/preventing-abuse/keeping-children-safe/

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Pupils in Years 5 and 6 will be taking part in a workshop during the morning in addition to the assembly. This will be focussed around how to stay safe along with identifying actions which are ok and not ok and what actions they can take.

If you would like further details of the content of the assemblies, please see your child's class teacher who will be able to talk you through the *Speak Out. Stay Safe.* overview.

In addition to this, the facilitators from the NSPCC are available from 8.30-8.45am on Wednesday 10th July to answer any additional questions you may have.

Yours sincerely,

Miss. R. Kohli

Executive Heateacher

