

School Nursing Team  
Ashmore Park Health Centre  
Griffiths Drive  
Ashmore Park  
Wednesfield  
Wolverhampton  
WV11 2LH

Dear Parent / Carer

Tel: 444039 / 444115 / 444116

### Measuring the height and weight of children in Reception and Year 6

As part of the government's Healthy Child Programme, all children in England in reception year and year 6 have their height and weight checked. This enables both the Local Authority and the NHS to have an understanding of how children are growing and provide the best possible services for children with weight related problems.

Your child is due to have a routine health assessment with the School Nursing Service. This will include height and weight being measured and a vision test. The measurement will be undertaken by the School Nursing Service. Children who take part will be asked to remove their shoes and will be weighed in normal indoor clothing.

As part of the process, routine data such as your child's sex, address, postcode, ethnicity and date of birth, will be collected. Your child's height and weight measurements will be stored securely on your child's health record. The data from all schools in the area will be gathered together and held securely by your local authority public health team. No individual measurements will be given to school staff, your child or other children, and all information will be treated confidentially. Information on children's heights and weights will be made anonymous for use at a national level.

The programme's data are used within the local authority and NHS to help plan the provision of services and advice to support healthy weight and lifestyles in the area. The information is also submitted for national analysis and publication in a way that means individual children cannot be identified.

If you do not wish the height and weight of your child to be passed on for data collection in the Local Authority and the NHS, please contact your School Nurse using the contact details at the top of the letter.

Once your child has had their routine health assessment, you will be informed by post if your child's results are outside of the healthy weight range.

If you would like more information on the National Child Measurement Programme you can contact your child's school nurse. They are also able provide information and tips on healthy eating and being physically active.

Yours sincerely

School Nursing Team

Chairman: Jeremy Vanes  
Chief Executive: David Loughton CBE  
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